

# Sexaholics Anonymous – Metro Vancouver Area

October, 2017

PO Box 289 Suite 800 15355 24<sup>th</sup> Ave  
Surrey, BC V4A 2H9  
604-290-9643  
info@savancouver.org  
www.savancouver.org

Dear Health & Helping Professional,

Sex addiction therapists, and other helping professionals treating clients suffering from sexual addiction, are invited to refer clients to our local Sexaholics Anonymous fellowship, right away!

Sexaholics Anonymous is a 12-Step program of recovery from sexual addiction, patterned off of Alcoholics Anonymous, involving complete abstinence from all sexual “drugs.” Our primary purpose is to carry the message of recovery to the sexaholic who still suffers. In light of this, our local fellowship has decided to reach out to sex addiction therapists and other addiction therapists in the Lower Mainland to provide information about our fellowship and to invite referrals to our non-professional fellowship of recovery.

If you are interested in learning more about Sexaholics Anonymous, we would like to give you a brief description of our program of recovery, our definition of sexual sobriety and how our weekly meetings operate. We would also like to offer you certain selections of SA literature, free of charge, for your own information and for distribution to clients, should you see fit.

We would like to invite you to refer clients to our weekly meetings. Indeed you are welcome to do so, right away, by referring them to our website for a list of meetings time and locations, as well as a description of our definition of sobriety: [www.savancouver.org](http://www.savancouver.org).

Our meetings are entirely non-professional and they are not group therapy; what we offer is an anonymous, confidential and supportive environment of mutual-identification where those who desire to stop lusting and become sexually sober can share openly about their recovery without fear of being shamed or judged. From the experience of many members, we believe that these meetings can be a supportive and highly beneficial complement to therapy – and vice versa! Our experience has also shown that peer support is of vital importance for relapse prevention and to continue progress in recovery from sexual addiction. Many of our membership experience sustained freedom from compulsive and destructive sexual behaviour.

If you would like to learn more about any of the aforementioned, or to receive select, free Sexaholics Anonymous literature, please contact us at:

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Our preference, where possible, would be to arrange a brief face-to-face meeting with you, where one or two of our members could meet with you to share their experience of their involvement in SA and to answer any questions you may have about the fellowship.

Thank you, in advance, for your consideration!