

The Twelve Steps of SA

1. We admitted that we were powerless over lust – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we *understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we *understood Him*, praying only for knowledge of His will for us and the power the carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to sexaholics, and to practice these principles in all our affairs.

The Twelve Steps and Traditions are adapted with permission of Alcoholics Anonymous World Services, Inc. (“AAWS”). Permission to adapt and reprint the Twelve Steps and Twelve Traditions does not mean that AAWS has approved the contents, of this publication, nor that AAWS agrees with the views expressed herein. AA is a program of recovery from alcoholism only. Use of the Twelve Steps and Twelve Traditions in connection with programs which are patterned after AA, but which address other problems, or in any other non-AA context, does not imply otherwise. SA adaptation © 1982, 1984, 1989, 2001 SA Literature. Reprinted with permission of SA Literature.

Phone List

Notes

For more information about Sexaholics Anonymous:

www.sa.org (saico@sa.org)

Tel: 615-370-6062

Fax: 615-370-0882

SA, P.O. Box 3565, Brentwood, TN
USA 37024-3565

Cover logo registered trademark of Sexaholics Anonymous. Copyright © 2000 by Sexaholics Anonymous, Inc. All rights reserved.

Sexaholics Anonymous

Metro Vancouver Area Meeting List

Spring, 2018



SA Metro Vancouver Area
604-290-9643
www.savancouver.org
info@savancouver.org

Metro Vancouver Area Meetings

The SA Purpose

Sexaholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover. The only requirement for membership is a desire to stop lusting and become sexually sober. There are no dues or fees for SA membership; we are self-supporting through our own contributions. SA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sexually sober and help others to achieve sexual sobriety (Sexaholics Anonymous, p. 4).

Copyright © 1989-2008 SA Literature.
Reprinted with permission of SA Literature.

What is Sexual Sobriety?

In defining sobriety, we do not speak for those outside of Sexaholics Anonymous. Sexual sobriety for sexaholics of our type means no sex with ourselves and no sex with any partner other than the spouse. In SA's sobriety definition, the term "spouse" refers to one's partner in a marriage between a man and a woman. Sexual sobriety also means progressive freedom from the many forms of sexual thinking and stimulation and lust that enter our lives. This freedom is found by remaining sober and by using our Twelve Steps and Twelve Traditions in our daily lives. (SA To the Newcomer).

Copyright © 2000 by Sexaholics Anonymous, Inc.

Monday – White Rock: 7:00 – 8:30 PM

Sunnyside United Church
15639 24th Ave., South Surrey
Exterior, brown door, up stairs

Wednesday – Surrey: 7:30 – 9:00 PM

Surrey City Centre Public Library
10350 University Dr., Surrey
Room 303

Wednesday – Men's Meeting: 7:30 – 9 PM

Gladwin Heights United Church
3474 Gladwin Road, Abbotsford
Brown double-doors at back of building

Thursday – Chilliwack: 7:00 – 8:00 PM

Saint Paul's Lutheran Church
8871 School St, Chilliwack
Downstairs
Single entrance door near main doors

Friday – New West: 8:00 – 9:30 PM

Royal Columbia Hospital
Sherbrooke Building
260 Sherbrooke St., New Westminster
2nd floor conference room
*SA MVA Intergroup meeting here,
1st Friday of the month, 6:45 pm*

Saturday – Abbotsford: 8:00 – 9:00 AM

If interested in attending, contact:
abbotsfordsa1@gmail.com

Saturday – New West: 10:30-11:30AM

Holy Trinity Cathedral (hall)
514 Carnarvon, New Westminster
Upstairs in lounge
(in basement during special church events)

A Caution

We suggest that newcomers to Sexaholics Anonymous *not* reveal their sexual past to a spouse or family member who does not already know of it, without careful consideration and a period of sexual sobriety, and even then, only after prior discussion with an SA sponsor or group. (Sexaholics Anonymous, p. 3)

Copyright © 1989-2008 SA Literature.
Reprinted with permission of SA Literature.