The Twelve Steps of SA

1. We admitted that we were powerless over lust – that our lives had become unmanageable.

2. Came to believe that a Power greater than ourselves could restore us to sanity.

3. Made a decision to turn our will and our lives over to the care of God *as we understood Him.*

4. Made a searching and fearless moral inventory of ourselves.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. Were entirely ready to have God remove all these defects of character.

7. Humbly asked Him to remove our shortcomings.

8. Made a list of all persons we had harmed, and became willing to make amends to them all.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory and when we were wrong promptly admitted it.

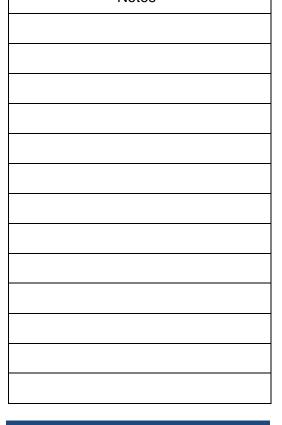
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power the carry that out.

12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to sexaholics, and to practice these principles in all our affairs.

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Phone List

Notes



For more information about Sexaholics Anonymous:

www.sa.org (saico@sa.org)

Tel: 615-370-6062 Fax: 615-370-0882

SA, P.O. Box 3565, Brentwood, TN USA 37024-3565

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Sexaholics Anonymous

Metro Vancouver Area Meeting List

Spring, 2018



SA Metro Vancouver Area 604-290-9643 www.savancouver.org info@savancouver.org

Metro Vancouver Area Meetings

The SA Purpose

Sexaholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover. The only requirement for membership is a desire to stop lusting and become sexually sober. There are no dues or fees for SA membership; we are self-supporting through our own contributions. SA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sexually sober and help others to achieve sexual sobriety (Sexaholics Anonymous, p. 4).

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What is Sexual Sobriety?

In defining sobriety, we do not speak for those outside of Sexaholics Anonymous. Sexual sobriety for sexaholics of our type means no sex with ourselves and no sex with any partner other than the spouse. In SA's sobriety definition, the term "spouse" refers to one's partner in a marriage between a man and a woman. Sexual sobriety also means progressive freedom from the many forms of sexual thinking and stimulation and lust that enter our lives. This freedom is found by remaining sober and by using our Twelve Steps and Twelve Traditions in our daily lives. (SA To the Newcomer).

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Monday – White Rock: 7:00 – 8:30 PM

Sunnyside United Church 15639 24th Ave., South Surrey Exterior, brown door, up stairs

Wednesday - Surrey: 7:30 - 9:00 PM

Surrey City Centre Public Library 10350 University Dr., Surrey Room 303

Wednesday - Men's Meeting: 7:30 - 9 PM

Gladwin Heights United Church 3474 Gladwin Road, Abbotsford Brown double-doors at back of building

Thursday - Chilliwack: 7:00 - 8:00 PM

Saint Paul's Lutheran Church 8871 School St, Chilliwack Downstairs Single entrance door near main doors

Friday - New West: 8:00 - 9:30 PM

Royal Columbia Hospital Sherbrooke Building 260 Sherbrooke St., New Westminster 2nd floor conference room *SA MVA Intergroup meeting here,* 1st Friday of the month, 6:45 pm

Saturday - Abbotsford: 8:00 - 9:00 AM

If interested in attending, contact: abbotsfordsa1@gmail.com

Saturday - New West: 10:30-11:30AM

Holy Trinity Cathedral (hall) 514 Carnarvon, New Westminster Upstairs in lounge (in basement during special church events)

A Caution

We suggest that newcomers to Sexaholics Anonymous *not* reveal their sexual past to a spouse or family member who does not already know of it, without careful consideration and a period of sexual sobriety, and even then, only after prior discussion with an SA sponsor or group. (Sexaholics Anonymous, p. 3)

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