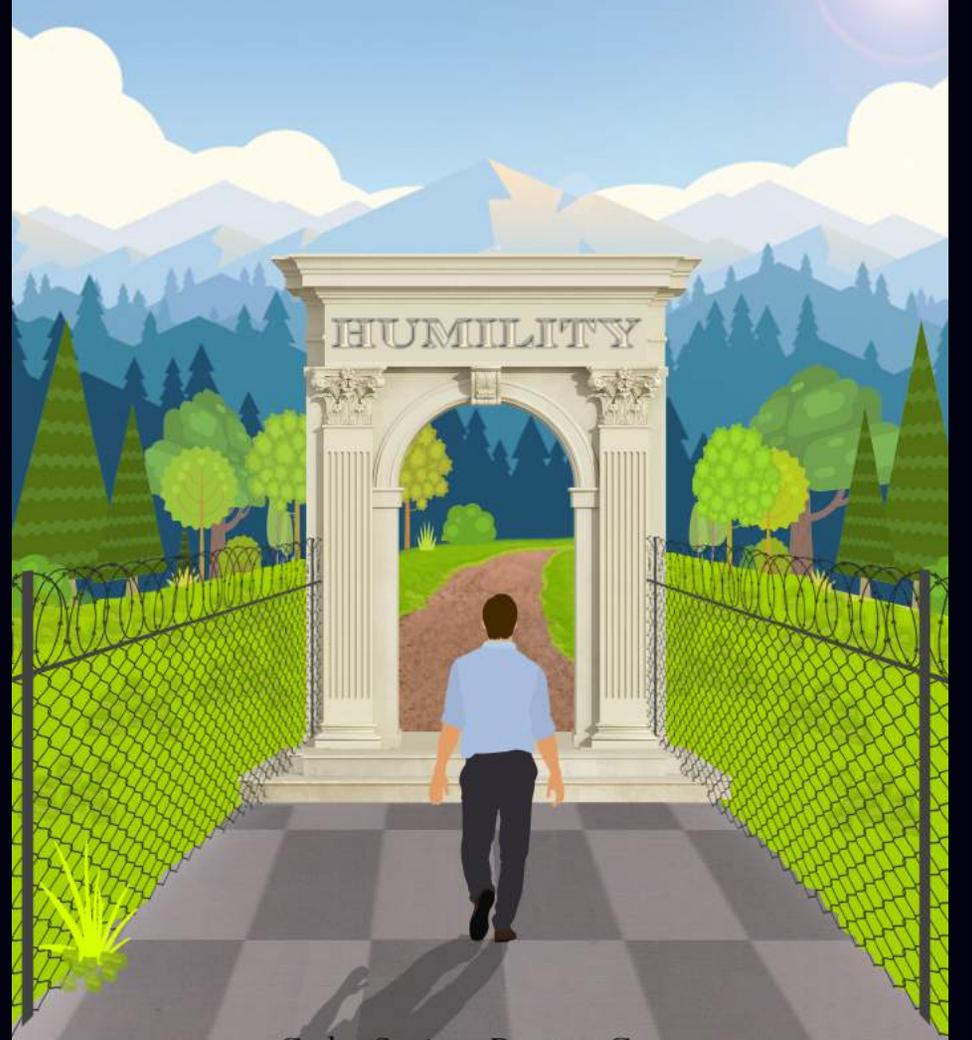


SA & S-Anon Northwest Regional Retreat

# THE ROAD TO RECOVERY

March 29-31, 2019



Cedar Springs Retreat Center

4700 Minaker Road, Sumas, WA, 98295, 360-988-6674

[www.cedarspringscsrc.org](http://www.cedarspringscsrc.org)



<b>Registration</b> (All registration information is confidential. One form per person.)	
Name	<input type="checkbox"/> SA <input type="checkbox"/> S-Anon <input type="checkbox"/> Male <input type="checkbox"/> Female
Address	City
Prov./State	P.C./Zip
Phone	Email
Willing to be of service?	
<input type="checkbox"/> <b>Temporary sponsor</b> <input type="checkbox"/> Lead a meeting <input type="checkbox"/> Set-up <input type="checkbox"/> Registration Desk <input type="checkbox"/> Literature Table <input type="checkbox"/> Clean-up <input type="checkbox"/> General           Other: _____	
Willing to participate in variety show: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Description of talent: _____	
Dietary restrictions: (6 meals provided: Friday Dinner to Sunday Lunch)	
<input type="checkbox"/> Kosher <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-free	
Food Allergies/Other: _____	
The Road To Recovery retreat cost:	Early-Bird \$ 190 USD After January 20, 2019 \$ 205 USD
Private room for singles or couples (one payment per couple)	\$ 50 USD
Donation to Retreat Scholarship Fund: <input type="checkbox"/> SA <input type="checkbox"/> S-Anon	\$ _____ USD
<b>Total</b>	\$ _____ USD
<b>Payment Options</b> No refund deadline. Please register early, if possible	
Online: <a href="http://www.sa.org/store/">www.sa.org/store/</a> "SA&S-Anon NW Regional Retreat 2019"	
Check: Payable to "Retreat Committee SA"	
Mail to: Retreat Committee SA, P.O. Box 289, Suite 800, 15355 24 <sup>th</sup> Ave. Surrey, BC, Canada, V4A 2H9	
<b>*** Online payment preferred to lighten workload and reduce currency exchange costs. Online refunds are subject to a \$5 processing fee. ***</b>	

**Considerations:** The dining hall will be shared by both SA & S-Anon. Please wear modest, loose-fitting clothing, with high neck-lines; avoid shorts and open-toed shoes. Minimize the use of make-up, perfume or cologne. Temporary sponsors will be available for consultation throughout the retreat. No minors permitted. Canadian attendees are encouraged to purchase travel health insurance.



*Same beautiful retreat center as spring, '17, '18!*

**Friday, March 29**

- 2:00 - 6:00 pm Registration/Meet & Greet
- 5:00 - 6:00 pm Early Bird Meeting
- 6:30 - 7:30 pm Dinner & Orientation
- 7:45 - 8:45 pm Speaker Meeting
- 9:00 - 10:00 pm Break-Out Meetings
- 10:15 - 11:00 pm Marathon Meeting

**Saturday, March 30**

To be announced

**Sunday, March 31**

- 7:15 - Noon Mtgs/Bkfst
- 12:30 - 2:00 pm Lunch & Closing Comments

Full retreat schedule will be provided at registration



Exclusive use of retreat center grounds • Linens and towels provided!  
 Excellent facilities and rooms • All meals served to the table • Private rooms available • Beautiful grounds • Lake with row-boats • Coffee shop  
 Walking trails • Fire pit (if permissible) • Ping Pong • Refreshment table

**SA Contact: Yvon • 778-855-9640 • yvon158@hotmail.com**  
**S-Anon Contact: Karen I. • 604.842.2410 • inneskaren@hotmail.com**  
**SA Metro Vancouver Area • 604.290.9643 • www.savancouver.org**