



4700 MINAKER ROAD, SUMAS, WA, 98295, 360-988-6674

SA & S-Anon

Northwest Regional Spring Retreat



How Free Do You Want To Be?

Cedar Springs Retreat Center
April 14-16, 2023 cedarspringscrc.org



Same beautiful retreat center as last spring!

Friday, April 14, 2023

2:00 - 6:00 pm Registration/Meet & Greet
 5:00 - 6:00 pm Early Bird Meeting
 6:30 - 7:30 pm Dinner & Orientation
 7:45 - 8:45 pm SA/SAAnon Speaker Mtg
 9:00 - 10:00 pm Break-Out Meetings
 10:15 - 11:00 pm Night Owl Meeting

Sunday, April 16, 2023

7:30 - 8:30 am Early-Bird
 8:30 - 9:30 am Breakfast
 9:30 - 12:30 Meetings
 12:30 Lunch & Gratitude
 12:30 pm Check Out
 2:00 pm Departure

Full retreat schedule will be provided at registration

Registration		All registration information is confidential. One form per person.	
Name	<input type="checkbox"/> SA <input type="checkbox"/> S-Anon	Gender:	
Address	City		
Prov./State	P.C./Zip		
Phone	Email		
Willing to be of service? <input type="checkbox"/> Literature Table <input type="checkbox"/> Clean-up <input type="checkbox"/> General			
<input type="checkbox"/> Temporary sponsor <input type="checkbox"/> Lead a meeting <input type="checkbox"/> Set-up <input type="checkbox"/> Registration Desk			
Willing to participate in Variety Show? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Description of talent: _____			
Dietary restrictions: <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-free			
Staying for lunch on Sunday? <input type="checkbox"/> Yes <input type="checkbox"/> No			
The Road To Recovery retreat cost:			
	Early-Bird <input type="checkbox"/>	\$ 255	USD
	After February 15, 2023 <input type="checkbox"/>	\$ 275	USD
Private room for couples No single occupancy rooms available.			
Spouse's name: _____ One payment/couple. \$ 50 USD			
Donation to Retreat Scholarship Fund: <input type="checkbox"/> SA <input type="checkbox"/> S-Anon \$ _____ USD			
Total			\$ _____ USD
Payment Options Registration & refund deadline: April 1, 2023. **NO WALK IN REGISTRATION!**			
Online: www.sa.org/store/			
"Apr 2023 - SA/S-Anon NW Regional Spring Retreat in Sumas,WA"			
Check: Payable to "Retreat Committee SA"			
Mail to: Retreat Committee SA, P.O. Box 289, Suite 800, 15355 24 th Ave. Surrey, BC, Canada, V4A 2H9			
Online payment preferred to lighten workload and reduce currency exchange costs.			
Online refunds are subject to a \$5 processing fee. Please register early, if possible.			



Explore the retreat center at www.cedarspringscsrc.org

Exclusive use of retreat center grounds • Linens and towels provided!
 Updated facilities and rooms • Fire pit • All meals served to the table
 Delicious Food! • Beautiful grounds • Lake with row-boats • Coffee shop
 Walking trails • Ping Pong • Basketball Court • Refreshment table



SA Contact: Yvon • 778-855-9640 • yvon158@hotmail.com
S-Anon Contact: Pat • 2patethier@gmail.com